

SOUTHWEST SUBURBAN CONFERENCE: Girls' Basketball: Sport Guidelines

I. Season Limitations

- A. Practice may begin on Monday, November 2, 2009.
- B. First contest may be held on Monday, November 16, 2009.
- C. Season ends on Saturday, March 8, 2010.

II. Contest Limitations (Exclusive of the IHSA State Series)

- A. 21 contests and 0 tournaments or
- B. 19 + 1 or
- C. 18 + 2 or
- D. 16 + 3 or
- E. No more than five (5) games in any single tournament.

III. Levels of Competition

- A. Varsity (optional Junior Varsity)
- B. Sophomore
- C. Freshman A and B

IV. Coaches Meeting

- A. Pre-season meeting will be hosted by Bolingbrook High School at 6:00 p.m. on October 28 at Bolingbrook as a part of the SWSC winter mega-meeting.
- B. Post-season meeting will be held on February 13 at a time and site to be announced.

V. Championships and Awards

- A. Division Standings
 1. A championship trophy shall be awarded to the winner at the Varsity level of each Division.
 2. An engraved plate will be awarded to the winner at the Sophomore level of each Division.
 3. The Division champion will be recognized by the best won-loss record from all division games (crossovers will not count).
- B. Individual Awards
 1. Players from each Division will be selected to the All-Conference Team. *{13 players in an 8-team division and 12 players in a 7-team division}*. **The mission of the coaches is to select the best players in the conference from each division to the All-Conference Team.**
 2. All-Conference selections will be given to schools based on their finish in the Divisional standings as follows:
 - i. Division Champion - 3 selections
 - ii. Second, third and fourth place - 2 selections each.
 - iii. Fifth, sixth, seventh and eighth place – 1 selection each.
 3. In the event of a tie for a place, head-to-head results determine team placement. In the event there is still a tie, the total number of selections for the teams involved will be averaged and rounded up to the next higher number.
 4. All-Conference selections will be voted on by the coaches at the post- season meeting.

SOUTHWEST SUBURBAN CONFERENCE: Girls' Basketball: Sport Guidelines

VI. Terms of Contests

- A. The home school shall provide the official scorer and timing devices for the contest. An adult shall score the Varsity contest. Scoring conduct of contests as determined by the National Federation.
- B. The home school shall provide an official leather/composite ball, meeting the National Federation and IHSA standards.
- C. The visiting school is responsible for providing their own locks and towels.
- D. The home team shall provide practice balls (6) for the visiting team (all levels).
- E. The preliminary game shall be designated as the sophomore level.
- F. Varsity player(s) may not play in the subsequent Junior Varsity game with the same opponent if she:
 - 1. Was a starter in the Varsity game, and/or;
 - 2. Has played in more than half the total minutes of the same Varsity game.
- G. Forfeits and cancellation of any game, for any reason, are to be handled between respective Athletic Directors.
- H. Basketball films may be taken at any game, but the host school is not obligated to provide a special place for taking films.
- I. Each school is responsible for the supervision of their players on the playing floor and in the locker room. The home team shall wear white jerseys and the visitors shall wear dark colored jerseys.
- J. Varsity pre-game activities will include:
 - 1. Reading of a sportsmanship statement.
 - 2. Player introductions.
 - 3. National Anthem.
- K. It is the responsibility of the home school to communicate to the visiting team the manner in which the above will be administered.
- L. Timing of games
 - 1. Preliminary games of the Varsity contests shall consist of seven (7) minute quarters with not more than ten (10) minutes between halves.
 - 2. All warm-up periods will follow National Federation Guidelines of fifteen (15) minutes.
 - 3. A maximum of five (5) minutes shall be added to the half time of a Varsity game for entertainment purposes, providing notification is given to the visiting school at least one (1) day before the game.
 - 4. Freshman games shall consist of seven (7) minute quarters with not more than ten (10) minutes between halves.
 - 5. The Junior Varsity game shall consist of eight (8) minute quarters with not more than ten (10) minutes between halves.
 - 6. Not more than ten (10) minutes shall elapse between the Freshman game and the game following.
 - 7. There shall be a minimum fifteen (15) minute warm-up time upon arrival on the court for the first (1st) game. (Unless a lesser time is mutually agreed upon)
- M. Starting times:

SOUTHWEST SUBURBAN CONFERENCE: Girls' Basketball: Sport Guidelines

1. Varsity/Sophomore - 6:00 P.M. / 7:30 P.M. or times arranged by Athletic Directors by mutual consent.
2. Freshman A & B to be determined by host school.

VII. Officials

- A. Officials shall be hired as follows:
 1. Varsity - three (3)
 2. Lower levels - two (2)

VIII. Reporting Results

- A. Each varsity and sophomore coach (or their designee) will record their conference home game scores on the SWSC conference website at www.athletics2000.com/swsc.
- B. The Resource Athletic Director shall oversee the results of all league contests and compile the official standing for league records on the conference web site.
- C. The Division win-loss records and scores will be verified at the post-season meeting to determine the Division champions and final standings.

IX. Miscellaneous Information

- A. Playing Sites:

All schools will play at their main campus except:

 - Homewood- Flossmoor- South Building
 - Joliet Township- Joliet West High School
- B. Filming
 1. Once the IHSA State Tournament brackets are announced, no member shall exchange film with a non-member school for the purpose of scouting an opponent for the IHSA State Series.
 2. Member schools and/or its' basketball staff shall be allowed to video another SWSC member school for scouting purposes in spectator areas in accordance with IHSA guidelines.
- C. A freshman basketball player may play in only four (4) quarters per day against the same opponent.
- D. Each team shall have a minimum of three (3) minutes to warm-up on the playing floor before the start of the second half.
- E. If there is an inadvertent delay at half time, players should sit on their benches and keep all basketballs off the playing court.
- F. The official bench scorer shall wear a black and white striped shirt. Space should be provided for the visiting scorer, if possible, next to the home scorer.
- G. A visiting team shall not bring a pep band.
- H. Visiting and home teams shall have the same opportunity of filming games.
- I. Cheerleader Squad Regulations:
 1. Cheerleaders shall not be permitted on the playing area when the game is in progress.
 2. Cheerleaders shall not be permitted in the floor area formed by the extension of the free throw lane during free throw attempts.
 3. The home school shall inform the visiting cheerleaders where their floor positions shall be during the game.