

## **BASKETBALL GUIDELINES**

### **SECTION I. SEASON LIMITATIONS**

- A. Opening dates -same as IHSA guidelines.
- B. End of season - last day of State tournament series for the classification. However, local rule may end it when you team is eliminated form the State basketball playoffs.

### **SECTION II. SCHEDULE**

- A. All Upstate Eight schedules shall comply with recent IHSA guidelines.
- B. A single round will be played with a blind draw to fill out a 14 game schedule.
- C. Make-up procedures
  1. In case of cancellation, the opponent will be called by 2:00 p.m. or as soon as possible with an acceptable reason to both parties.
  2. The Athletic Director or the Assistant Athletic Director will do rescheduling as soon as possible. The recommended day is the following Tuesday.
  3. Contests must be made up before the end of the season.
  4. Schools hosting tournament for the Conference that will involve a change of schedule must reschedule those contests the Thursday before or the Tuesday after. However, the two schools involved may agree to change sites of the contest on assigned dates.

### **SECTION III. LEVELS OF COMPETITION**

- A. Girls & Boys: Varsity levels (JV)
- B. Girls & Boys Sophomore level A & B
- C. Girls & Boys: Freshmen level A & B
- D. A person may not compete on two levels or teams on the same day in conference activity, except Freshmen A & B

### **SECTION IV. GAMES/CONTEST MANAGEMENT**

- A. Procedures for conduction contests
  1. IHSA rules
  2. Conference rules
  3. Current National Federation Basketball rules
- B. Starting Times
  1. Weekdays: Frosh/Soph – 5:45  
Varsity - 7:15
  2. Saturday: Girls & Boys Frosh – JV & Soph B – 9:00 am  
Girls Soph - 1:00 pm  
Girls Varsity - 2:30 pm  
Boys Soph - 4:30 pm  
Boys Varsity - 6:00 pm
- C. Uniforms - according to Federation rules -Home team light colored jerseys, the visitors dark colored jerseys.

- D. Equipment
  - 1. Host school should provide best regulation floor possible.
  - 2. Host school should provide the leather game ball, time clock and score sheets.
  - 3. Host school should provide practice basketballs.
  - 4. Each school provides their own first-aid equipment.
- E. Officials
  - 1. Host school will provide the officials
  - 2. Two IHSA registered officials for each level.
    - a. Three IHSA registered officials for the varsity level.
- F. Freshmen games and sophomore preliminary games will be allowed seven (7) minute quarters.
- G. Following the completion of the preliminary game, there shall be a 15-minute period of uninterrupted warm-up. No varsity game shall start before the assigned time.
- H. The 15 minute warm-up period will start as soon as one team appears on the floor. There is no set period of time for sophomore teams to warm-up. No teams or players will be allowed on the playing floor except during the designated period of time established for the level of competition
- I. Seats for contestants - The host school shall provide twenty (20) seats for the playing team and twenty (20) seats behind the competing team for the other squad that is not playing.
- J. An information sheet shall be sent by each member school to all other member schools prior to the first Conference game. This shall give the players names, numbers, class, weight, height, school colors, coaches' names of the school's officials, and the names of the cheerleaders. This material is to be in suitable form for program use. Any changes in this original information must be made on Monday prior to the game.
- K. It is the responsibility of the Athletic Director to see that the rims are properly painted and the nets operational to permit immediate return of the ball.
- L. Coaching -will is permitted from the sidelines.
- M. Dressing facilities
  - 1. Will be provided by the Host School.
  - 2. Locks and towels will not be provided.

#### **SECTION V. CHAMPIONSHIP DETERMINATION**

- A. The Regular Season Conference championship will be determined by the win/loss record of each school
- B. If two teams tie for the championship; the trophy will be shared.
- C. There will also be a Conference Tournament Champion

#### **SECTION VI. CONFERENCE TOURNAMENT** (Starting with the 2005/2006 season).

- A. Date – the Conference Tournament will be held with the Pigtail games to start on Thursday two weeks prior to the start of the State Series.
- B. Format – A true bracket tournament through 8 places with the 3 pigtail losers playing a round robin to guarantee 4 games. (See attached.)

- C. Seeding Meeting – the Basketball Chairperson will decide whether or not to hold a seeding meeting to take place on the Monday prior to the conference tournament. The seeding criteria area as follows:
  - 1. Conference record
  - 2. Head to Head
  - 3. Overall Record
  - 4. Coaches vote
- D. Contests – the higher seeded school will host and pay for 2 officials. The Championship game will be played at the highest seeded school with the 3<sup>rd</sup> place game as a preliminary contest. (6:00 PM 3<sup>rd</sup> place game, 7:30 PM Championship game. Both the Championship and 3<sup>rd</sup> place game will have 3 officials.
- E. Sophomore level Tournament will be held on two consecutive Saturdays. Host to be determined by the Athletic Directors based on gym availability.
- F. Awards – the Varsity Tournament Champion will be awarded a Conference Tournament Traveling Trophy. Three consecutive tournament win retire the trophy.

#### **SECTION VII. ALL CONFERENCE TEAMS**

- A. The chairman in charge of basketball should call a meeting of all varsity basketball coaches or their representatives the final week of Conference play for the purpose of selecting an All-Conference team. Selection will be made by each coach nominating his own players. The final selection will be fourteen (14) players regardless of position, and the chairman will release the All-Conference team to the news media for publication for the following Saturday.
- B. Fourteen (14) members to be selected as first team.
- C. Fourteen (14) members to be selected as honorable mention.
- D. Special Mention - majority vote of coaches will be based upon unusual circumstances, i.e. injury.
- E. Conference selection procedure - following

**UPSTATE EIGHT BASKETBALL**

**ALL-CONFERENCE & HONORABLE MENTION**

**SELECTION PROCEDURES**

**ALL-CONFERENCE VOTING:**

- A. Selection shall take place at the post-season meeting.
- B. Coaches will nominate, in alphabetical order, to coordinator in charge of basketball. Coaches may nominate, as many players as they feel are qualified. This will be done approximately ten days prior to the post-season meeting. Prior to post-season meeting coaches will send nomination to host school.
- C. All nominations for All-Conference consideration shall be placed on the blackboard by nomination school the night the meeting is called. The Host School shall provide the area.
- D. At the post-season meeting, the head coach or representative may vote for up to fourteen (14) people for the first team and fourteen (14) for honorable mention
- E. Each coach must vote for <OPPONENTS ONLY>. Do not vote for you own nominations.
- F. If the coach sends nominations of players, they will be voted on whether a representative of the school is there or not.
- G. Before voting, coaches will have an opportunity to elaborate upon their nominations. The order of presentation shall be determined by draw. There may be a five-minute maximum presentation by each coach.
- H. The chairperson shall tally all votes. The players receiving the most votes shall be All-Conference. If ties occur that would affect the top fourteen selections, these will be voted on again by coaches. This process shall continue until fourteen have been selected.
- I. All voting will be done by secret ballot.

**HONORABLE MENTION VOTING**

After the top fourteen (14) have been selected, a coach may add players to the list on the board who did not make the top fourteen (14). Then, this list would be voted on following the same format as stated above for All-Conference voting.

**PUBLIC RELEASE OF ALL-CONFERENCE TEAM:**

- A. The All-Conference Team names will be released on Saturday following the last regular season game. This could assist a player in All-State selections.
- B. The All-Conference Team shall be the only general release to the press. Member schools may release honorable mention and special mention players to the local press.
- C. Member schools are not to release information regarding the All Conference Team to the press or verbally to the above release regulations.

**EXCEPTIONAL ALL-CONFERENCE PLAYERS:**

- A. Five players shall be selected for special recognition. This will assist the area representative and newspaper reporters in the selection of All-Area and All-State.
- B. Coaches may talk about their player who qualifies on this top five.
- C. Coaches will vote for all five players. The vote shall be a RANK order of 1 being the number one choice, 2 being the number 2 choice, etc...
- D. All ties shall be voted off.
- E. The vote tally should be a total of points received. The player with least number of points will be number 1, etc...