

WEST SUBURBAN CONFERENCE: Girls' Basketball: Sport Guidelines

Revised: 06/05/2009

I. Season Limitations

- A. Practice may begin on Monday, November 2, 2009.
- B. First contest may be held on Monday, November 16, 2009.
- C. Season ends on Saturday, March 20, 2010.

II. Contest Limitations (Exclusive of the State Tournament Series)

- A. Varsity, Sophomore, Freshman A and B.
 - 1. 21 - 0 or
 - 2. 19 - 1 tournament
 - 3. 18 - 2 tournaments
 - 4. 16 - 3 tournaments
- B. Junior Varsity
 - 1. 18 - 0 or
 - 2. 16 - 1 tournament

III. Levels of Competition

- A. Varsity, Junior Varsity, Sophomore, Freshman A and B.
- B. A girl may make an unlimited number of changes in levels of competition for Conference contests during any one (1) season, but not during the same day against the same opponent.

IV. Coaches Meeting

- A. Pre-season meeting will be the week of Monday, Week 17, at Addison Trail, 7:00 PM.
- B. Post-season will be held the week of Monday, Week 34, at Addison Trail, 7:00 PM.

V. Championships and Awards

- A. Division Standings
 - 1. Championships in basketball shall be determined by the number of games won and lost in Conference play during the season.
 - 2. A championship plaque shall be awarded to the winner at the Varsity level only of each Division.

B. Individual Awards

1. The All-Conference team is to consist of a fourteen (14) person squad (no honorable mention).
2. The system for selection of the All-Conference teams (Gold and Silver) must be identical and all voting must be an open vote. (There are no ties).
3. The following formula will be used to determine the fourteen (14) All conference selections.
 - a. All-Conference designation, will be determined, by the number of conference wins of each team.
 - 0-5 wins = 1 selections
 - 6-8 wins = 2 selections
 - 9-11 wins = 3 selections
 - 12 wins = 4 selections
 - b. Team relinquishing their allotted candidates(s) would allow for at-large selections to be voted upon by the coaches
 - c. The fourteen (14) All-Conference designates will be determined by a consensus of the WSC coaches
4. The WSC All-Academic Team shall be recognized composed of senior award winners from each Conference school who have received a Grade Point Average of "B" or above in grades accumulated at the conclusion of the seventh (7) semester.

VI. Conduct of Contests

- A. The home school shall provide the official scorer and timing devices for the contest. The Varsity contest shall be scored by an adult. Scoring conduct of contests as determined by the National Federation.
- B. The home school shall provide a women's official leather/composite ball, meeting the National Federation and IHSA standards.
- C. The visiting school is responsible for providing their own locks and towels.
- D. The home team shall provide practice balls (6) for the visiting team (all levels).
- E. When Freshman "B" games are played, the host school is to have two (2) registered officials available to work the game.
- F. The preliminary game shall be designated as the sophomore level.
- G. Varsity player(s) may not play in the subsequent Junior Varsity game with the same opponent if she:
 1. Was a starter in the Varsity game, and/or;
 2. Has played in more than half the total minutes of the same Varsity game.
- H. Forfeits and cancellation of any game, for any reason, are to be handled between respective Athletic Directors.
- I. Basketball films may be taken at any game, but the host school is not obligated to provide a special place for taking films.
- J. The home team shall wear light jerseys, and the visiting team shall wear dark jerseys.
- K. Uniforms shall conform to the National Federation Rules.
- L. Varsity pre-game activities will include:
 1. Reading of a sportsmanship statement
 2. Player introduction
 3. National Anthem
- M. It is the responsibility of the home school to communicate to the visiting team the manner in which the above will be administered.

N. Timing of games

1. Preliminary games of the Varsity contests shall consist of seven (7) minute quarters with not more than ten (10) minutes between halves.
2. All warm-up periods will follow National Federation Guidelines of fifteen (15) minutes. The Varsity game may not start before 7:30 p.m. (1:30 p.m. on Saturday).
3. A maximum of five (5) minutes shall be added to the half-time of a Varsity game for entertainment purposes, providing notification be given to the visiting school at least one (1) day before the game.
4. Freshman games shall consist of seven (7) minute quarters with not more than ten (10) minutes between halves.
5. The Junior Varsity game shall consist of seven (7) minute quarters with not more than ten (10) minutes between halves.
6. Not more than twenty (20) minutes shall elapse between the Freshman game and the game following.
7. There shall be a minimum twenty (20) minute warm-up time upon arrival on the court for the first (1st) game. (Unless a lesser time is mutually agreed upon)

O. Starting times:

1. Varsity/Sophomore - 6:00 P.M. / 7:30 P.M. (or times arranged by Athletic Directors by mutual consent)
2. Host school has the option to schedule Saturday contests at 12:00 noon/1:30 P.M.
3. Freshman A & B to be determined by host school. (See WSC schedule)

VII. Officials

A. The number of officials are as follows:

- o Varsity - three (3)
- o JV, Sophomore, Freshman A and B - two (2)

IX. Miscellaneous Information

A. Scheduling

1. If a game is changed after the pre-season meeting, the school requesting the change must notify the WSC schools of the new date, time, site, etc.
2. Two (2) schools, by mutual consent, can play a Tuesday Varsity/Sophomore/Freshman contest.
3. Junior Varsity game dates are determined by the Varsity schedule. Friday night Varsity contest, the JV game will be played on the following Saturday morning. Saturday night Varsity contest, the JV game will be played on the following Wednesday night.
4. Commencing with the 1987-88 season, the Silver Division will be rotated top to bottom and the Gold Division rotated bottom to top every two (2) years.
5. **Proviso West will play home Saturday games - Varsity at 2:30 P.M. and Sophomore, Freshmen A & B at 1:00 P.M. Games played during the week (Monday thru Friday) – Varsity games at 6:00 P.M. and Sophomore, Freshmen A, and Freshmen B at 4:30 P.M.**

- 6. Proviso East will play home Saturday games - Varsity and Freshmen B games are at 2:30 P.M.; Sophomore and Freshmen A games are at 1:00 P.M. Games played during the week (Monday thru Friday) Varsity and Freshmen B at 6:00 P.M.; Sophomore and Freshmen A at 4:30 P.M.**

B. Freshman A & B Game times:

1. Gold Division
 - a. Addison Trail - 4:30/6:00 P.M.
 - b. Downers Grove South – 6:00/7:30 P.M.
 - c. Hinsdale South - 6:00/6:00 P.M.
 - d. Leyden - 4:30/6:00 P.M.
 - e. Morton - 4:30/6:00 P.M.
 - f. Proviso East – Saturday – “A” games @ 4:30 and “B” games @ 6:00 p.m.; Monday through Friday – “A” games 4:30 p.m. and “B” games at 6:00 p.m.
 - g. Willowbrook – 4:30/6:00 P.M.
2. Silver Division
 - a. Downers Grove North - 4:30/6:00 P.M.
 - b. Glenbard West - 4:30/6:00 P.M.
 - c. Hinsdale Central - 4:30/6:00 P.M.
 - d. Lyons Twp. - 4:30/6:00 P.M.
 - e. Oak Park-River Forest - 4:30/6:00 P.M.
 - f. Proviso West – Saturday – 1:00 P.M.; Monday through Friday – 4:30 P.M..
 - g. York - 4:30/6:00 P.M.

C. Playing Sites:

1. Leyden - West Campus
2. Lyons Twp. - North Campus
3. Morton - West Campus

- D. Once the IHSA State Tournament brackets are announced, no member school shall exchange film with a non-member school for the purpose of scouting an opponent for the IHSA State Series.