

WEST SUBURBAN CONFERENCE: Boys' Football: Sport Guidelines

Revised: 07/01/2009

I. Season Limitations

- A. Practice may begin on Wednesday, August 12, 2009.
- B. First contest may be held on Friday, August 28, 2009
- C. Season ends on Saturday, November 28, 2009.

II. Contest Limitations (Exclusive of the IHSA State Series)

- A. Varsity, Sophomore, Freshman A and B - nine (9) games.
- B. Junior Varsity - eight (8) games.

III. Levels of Competition

- A. Varsity, Junior Varsity, Sophomore, Freshman A and B.
- B. Schools must make every effort to sustain the five (5) levels of competition. Junior Varsity games will be played on Saturday when Varsity plays on Friday or Monday when Varsity plays on Saturday.
- C. A fifth quarter may be played immediately following the Freshman B game, or the A game when a B level game is not played. The 5th quarter shall be arranged by mutual consent of the playing teams, prior to the day of the contest. The format for this quarter of play will consist of ten (10) plays offensively for each team. To speed up play, coaches will be allowed on the field to provide instruction and direction to these athletes.

IV. Coaches Meeting

- A. Pre-season meeting will be held on week 7 of the IHSA calendar on Wednesday (August 19, 2009), hosted by York High School in the Yorker Room at 7:00 PM.
- B. Post season meeting will be held on week 17 of the IHSA calendar on Monday, (October 26, 2009), hosted by York High School in the Yorker Room at 7:00 PM.

V. Championships and Awards

- A. Division Standings
 - 1. A championship plaque shall be awarded to the winner at the Varsity level only of each Division.
 - 2. There will be a round robin within the Division and two (2) crossover games with the other Division (week two cross-over games will be a home and away series. Only games within the Division will count for the championship. There will be two (2) separate Division Champions based on the number of games won and lost within the Division.
- B. Individual Awards
 - 1. Forty-two (42) players from each Division will be selected to the All-Conference Team.
 - 2. Each Division school will receive two (2) selections and one (1) additional player for each Divisional win (crossover games do not count).

3. Additional selections will be given to schools based on their finish in the Divisional standings as follows:
 - a. Division Champion - 3 selections
 - b. Second Place - 2 selections
 - c. Third Place - 1 selection
 - d. Fourth Place - 1 selection
4. In case of a tie in the standings, the West Suburban Conference tie breaking formula will be used to decide the number of all Division selections a school has earned. In case of a three (3) or more team tie, the additional picks will go to the school in the order of their finish (after the three or more team tie is resolved, then the head to head criteria will be used first to break ties between the remaining schools). If a tie still remains, the school's who are tied, shall nominate one (1) player from their team. The seven (7) Varsity Head Coaches will then vote for one (1) player.
5. All selections for the Divisional Teams must receive a majority vote of the Division coaches to be placed on the WSC All-Conference Team.
6. Nominating schools cannot vote for their individual athletes.
7. The WSC All-Academic Team shall be recognized composed of senior award winners from each Conference school who have received a Grade Point Average of "B" or above in grades accumulated at the conclusion of the sixth (6th) semester.

VI. Conduct of Contests

A. Time of Contests:

1. Freshmen games will begin at 9:00 AM on Saturday or be played on Saturday or Thursday night by mutual consent of competing schools prior to week nine (9). Week nine (9) will incorporate Thursday night games. Saturday day games of week nine (9) start at 8:30 A.M.
2. Sophomore games will begin at 11:15 AM/5:00 PM (exception week nine, Saturday games where possible will begin at 10:30 AM.)
3. Varsity games will begin at 1:30 PM/7:30 PM. (Exception Week 9, Saturday games will begin at 1:00 PM.)
4. Junior Varsity games will begin at 11:00 am on Saturday and 4:30 PM on Monday.

B. Length of Games:

1. The Varsity will play twelve (12) minute quarters.
2. Lower levels will play ten (10) minute quarters.

C. Overtime game

1. Varsity games ending in a tie will go to overtime until a winner is determined.
2. Sophomore level games that end in a tie at the end of regulation time will conduct a maximum of one (1) overtime session.

D. Starting Procedure for Varsity Games

1. After the sophomore game, but no sooner than 1:00 P.M. and 7:00 P.M., twenty (20) minutes is to be set on the field clock and when the clock hits zero, the field is immediately cleared.
2. The National Anthem is played followed by the visitor player introductions, home player introductions and the kick-off at 1:30 P.M. - 7:30 P.M.
3. Teams have the option of what eleven (11) offensive or defensive players are to be introduced.
4. Players should come from the end zone area and face their fans.

5. A list must be given to the announcer before warm-up starts.
- E. Uniforms
1. The home team shall wear dark jerseys. The visiting team will wear white/light jerseys.
 2. The Freshman B team will be opposite. They will wear white/light at home and dark away.

VII. Officials

- A. The number of officials are as follows:
- o Varsity - five (5) officials
 - o Sophomore - four (4) officials - (the fifth official, who works the freshman game or a Varsity game will be paid)
 - o Freshman A - three (3) officials
 - o Freshman B - two (2) officials
 - o Junior Varsity - three (3) officials

VIII. Reporting Results

- A. All WSC schools must FAX in all scores to the Resource Athletic Director on Tuesday by 9:30 AM for each week of the season.
- B. Immediately following the last Varsity game of the season, all schools must FAX their score to the IHSA and the Resource Athletic Director.

IX. Miscellaneous Information

- A. Video Exchange Policy
1. The West Suburban Conference will use an on-line game film exchange program (Victoryswap.com) where coaches will exchange the two (2) previous game films with all WSC schools. Competing schools using the on-line film exchange must mutually agree to use the new on-line program or option to exchange games through the old DVD format. The video exchange policy will remain the same, week two (2) opponents will receive game one (1) game only! Week three (3) opponents will get week one (1) game only! Week four (4) opponents will get week one (1) and week (2) games. Week five (5) opponents will get week two (2) and week three (3) games. Schools using the DVD exchange, will exchange DVD's at the host school site (e.g. LT is hosting HC on week three (3), HC will bring video (DVD) to where ever LT is playing on week (2). Schools using the on-line exchange must have game film available by 8:00 am the following day. Coaches may not share passwords or game films of WSC schools to any other school outside of the conference. Each WSC school is responsible to pay subscription fee to Victoryswap.com.
 2. Sophomores will be permitted to exchange one (1) game film, by mutual consent and availability, the film must be both schools previous game.
 3. At the completion of the conference football season, no member school shall exchange passwords, game film, or DVD (s) with a non-member school for the purpose of scouting an opponent for the IHSA playoff series.
 - for the IHSA playoff series.
 4. Filming by opponents is prohibited in all WSC games except between the two (2) competing schools at the site of the game.
 5. The host school must approve filming from the end zone. Copies of the DVD's must be provided to the competing schools, home or away, by 8:00 a.m. the next day upon request.

A. Communication - Spotting

1. To be used for Varsity and Sophomore games only.
2. Each team shall provide their own equipment. If equipment fails, the other team has no obligation to follow suit.
3. Spotters are to be given the same equal visual vantage point.
4. The host school will make the frequency adjustment if both schools are on a wireless system; therefore, wireless systems must have two (2) or more frequencies.
5. Phones can be taken out to field huddle or sideline time-outs.

B. General Responsibilities

1. Mail to all competing schools a state structured form (roster) for all preliminary and varsity games at least one week prior to scheduled contest.
2. Only Athletic Director approved video exchange policy to be used.
3. Only the Athletic Director approved selection of Conference representative for State Play-Offs is to be used.
4. Wilson leather football will be the WSC official ball (any rubber football is acceptable).

C. State Play-off Selection

1. The team with the best division record (only division games).
2. Two (2) or more way tie, the winner in head-to-head competition. (All ties that can, will be resolved by the winner in head-to-head competition).
3. Three or more way tie:
 - a. Add all points scored against each other
 - b. Add all points given up against each other
 - c. Subtract points given up from points scored
 - d. The point spread per game to be limited to 14
 - e. A win by forfeit will be 14 points
4. If two (2) or more teams are still tied after "C" above, go to the next best team (teams) in the conference standings and repeat "C".
5. This criteria "C" to also be used if for some reason we had a two-way tie with no head-to-head competition. The points scored and given up against the two (2) next best teams in the conference standings are to be used.

o **Example:**

Glenbard West 5-1
Lyons Twp. 5-1
Downers Grove North 5-1

Glenbard West 7 -- Lyons Twp. 6
Glenbard West 14 -- Downers Grove North 20

Glenbard West scored 21 points
Glenbard West gave up 26 points (-5)

Lyons Twp. 6 -- Glenbard West 7
Lyons Twp. 19 -- Downers Grove North 14

Lyons Twp. scored 25 points
Lyons Twp. gave up 21 points (+4)

Downers Grove North 20 -- Glenbard West 14
Downers Grove North 14 -- Lyons Twp. 19

Downers Grove North scored 34 point
Downers Grove North gave up 33 points (+1)

- o **Selection:**
Lyons Twp. goes to State

D. Playing Sites:

0. Addison Trail - all games played at AT
1. Downers Grove North - all games played at DGN
2. Downers Grove South - all games played at DGS
3. Glenbard West - V, JV, S, FA games played at GW, FB game played at Newton Park
4. Hinsdale Central - all games played at HC
5. Hinsdale South - all games at HS
6. Leyden - V, S games played at West Campus, JV, FA, FB games played at East Campus
7. Lyons Twp. - all games at South Campus
8. Morton - all games at West Campus
9. Oak Park-River Forest - all games at OPRF
10. Proviso East - all games at PE
11. Proviso West - all games at PW
12. Willowbrook - all games at WLB
13. York - all games at York