

# **GIRLS VOLLEYBALL - 7<sup>th</sup> & 8<sup>th</sup> GRADE RULES - A TEAMS**

**Section I** Rules for competition: IHSA rules will apply with the following exceptions or variations:

1. An IHSA regulation court is mandatory with regulation lines and net markers.
2. Both 7<sup>th</sup>/8<sup>th</sup> grades will play 3 games. First 2 games will count in the standings – 3<sup>rd</sup> game will not.
3. Substitutes must touch the hand of the girl for whom she is substituting, before entering the court - inside the 10ft. line.
4. Warm up time will be 3-3-2. 3 min. passing, 3 min. hitting, & 2 min. serving.
5. A game will be ruled a forfeit if the delayed team fails to inform its opponents within 15 minutes of game time.
6. Home teams will supply the balls.
7. If the official has not yet arrived and both teams are present, the home school will start official warm up time as well as flipping the coin for service.
8. Home team is responsible for recording all scores.
9. Rosters shall be sent to the League Secretary one (1) week prior to the 1<sup>st</sup> scheduled league game.
10. Rally Score - 25 points; teams must win by two points with a cap of 27.
11. Game cap at 27 with the exception of tournament games. Tournament will be match play (best of three games).
12. Timeouts – Two per game.
13. The third game will be allocated to the substitute players, thereby giving them as opportunity to improve their skills.
14. The finals of the post season there will be two officials.

**Section II** Member schools agree to adhere to the highest standard of coaching ethics and agree to refute “the win at all cost” philosophy in order to keep the interscholastic program educationally and morally sound.

**Section III** The Suburban Parochial League will adhere to the athletic guidelines set up by the Joliet Diocese.

**Section IV** Conference games will take priority over all other athletic schedules.

# **GIRLS VOLLEYBALL - 7<sup>th</sup> & 8<sup>th</sup> GRADE RULES - B TEAMS**

**Section I** Rules for competition: IHSA rules will apply with the following exceptions or variations:

1. An IHSA regulation court is mandatory with regulation lines and net markers.
2. Both 7<sup>th</sup>/8<sup>th</sup> grades will play 3 games. All 3 games will count in the standings.
3. Substitutes must touch the hand of the girl for whom she is substituting before entering the court - inside the 10ft. line.
4. Warm up time will be 3-3-2. 3 minutes passing - 3 minutes hitting 2 minutes serving.
5. A game will be ruled a forfeit if the delayed team fails to inform its opponents within 15 minutes of game time.
6. Home teams will supply the ball.
7. If the official has not yet arrived and both teams are present, the home school will start official warm up time as well as flipping the coin for service.
8. Host school will take care of standings.
9. Rosters shall be sent to the League Secretary one (1) week prior to the 1<sup>st</sup> scheduled league game.
10. Rally Score - 20 points; teams must win by two points with a cap of 22.
11. Game cap at 22 with the exception of tournament games. Tournament will be match-play (best of three games).
12. Time-outs – Two per game.

**Section II** Member schools agree to adhere to the highest standard of coaching ethics and agree to refute "the win at all cost" philosophy in order to keep the interscholastic program educationally and morally sound.

**Section III** The Suburban Parochial League will adhere to the athletic guidelines set up by the Joliet Diocese.

**Section IV** Conference games will take priority over all other athletic schedules.

# **GIRLS VOLLEYBALL - 6<sup>th</sup> GRADE RULES - A TEAMS**

**Section I** Rules for competition: IHSA rules will apply with the following exceptions or variations.

1. The net height will be 6' 10'.
2. The service line will be moved 6' in from the end line. This line will extend from the sideline to the service slash mark.
3. Tachikara Volley-Lite balls will be used.
4. Teams will play 3 games. First 2 games will count in the standings -3<sup>rd</sup> game will not.
5. Warm up time will be 3-3-2. 3 minutes passing - 3 minutes hitting 2 minutes serving.
6. All equipment - volleyball standards and officials stand must be padded to protect the athletes.
7. Roster shall be sent to the League secretary one (1) week prior to the 1<sup>st</sup> scheduled league game.
8. A game will be considered a forfeit if the delayed team fails to inform its opponent within 15 minutes of the scheduled game time.
9. 8<sup>th</sup> grade students or older may work the clock and scorebook.
10. Rally Score - 20 points; teams must win by two points with a cap of 22.
11. Game cap at 22 with the exception of tournament games. Tournament will be match-play (best of three games).
12. Time-outs – Two per game.
13. The third game will be allocated to the substitute players, thereby giving them as opportunity to improve their skills.

**Section II** Member schools agree to adhere to the highest standard of coaching ethics and agree to refute "the win at all cost" philosophy in order to keep the interscholastic programs educationally and morally sound.

**Section III** The Suburban Parochial League will adhere to the athletic guidelines set up by the Joliet Diocese.

**Section IV** Conference games will take priority over all other athletic schedules.

# **GIRLS VOLLEYBALL - 6<sup>th</sup> GRADE RULES - B TEAMS**

**Section I** Rules for competition: IHSA rules will apply with the following exceptions or variations.

1. The net height will be 6'10".
2. The service line will be moved 6' in from the end line. This line will extend from the sideline to the service slash mark.
3. Tachikara Volley-Lite balls will be used.
4. Teams will play 3 games - all 3 games will count in the standings.
5. Warm up time will be 3-3-2. 3 minute passing - 3 minutes hitting 2 minutes serving.
6. All equipment - volleyball standards and officials stand must be padded to protect the athletes.
7. Rosters shall be sent to the League Secretary one (1) week prior to the 1<sup>st</sup> scheduled league game.
8. A game will be considered a forfeit if the delayed team does not inform its opponent within 15 minutes of the scheduled game time.
9. 8<sup>th</sup> grade students or older may work the clock and scorebook.
10. Rally Score - 20 points; team must win by two points with a cap at 22.
11. Game cap is 22 with the exception of tournament games. Tournament will be match-play (best of three games).
12. Time outs – Two per game.

**Section II** Member schools agree to adhere to the highest standard of coaching ethics and agree to refute "the win at all cost" philosophy in order to keep the interscholastic programs educationally and morally sound.

**Section III** The Suburban Parochial League will adhere to the athletic guidelines set up by the Joliet Diocese.

**Section IV** Conference games will take priority over all other athletic schedules.

# **GIRLS VOLLEYBALL - 5<sup>th</sup> GRADE RULES**

**Section I** Rules for competition: IHSA rules will apply with the following exceptions or variations.

1. The net height will be 6'10".
2. The service line will be moved 6' in from the end line. This line will extend from the sideline to the service slash mark.
3. Tachikara Volley-Lite balls will be used.
4. Teams will play 3 games.
5. Warm up time will be 3-2. 3 minutes passing and 2 minutes serving.
6. After player has served 3 consecutive serves, players must rotate.
7. All equipment - volleyball standards and official stand must be padded to protect the athletes.
8. Rosters shall be sent to the League Secretary one (1) week prior to the 1<sup>st</sup> scheduled league game.
9. A game will be considered a forfeit if the delayed team does not inform its opponent within 15 minutes of the scheduled game time.
10. 8<sup>th</sup> grade students or older may work the clock and scorebook.
11. Rally Score - 20 points; team must win by 2 with a cap at 22.
12. Time outs – Two per game.

**Section II** Member schools agree to adhere to the highest standard of coaching ethics and agree to refute "the win at all cost" philosophy in order to keep the interscholastic program educationally and morally sound.

**Section III** The Suburban Parochial League will adhere to the athletic guidelines set up by the Joliet Diocese.

**Section IV** Conference games will take priority over all other athletic schedules.