

# **GIRLS & BOYS BASKETBALL - 6<sup>th</sup>/7<sup>th</sup>/8<sup>th</sup> GRADE RULES -- A TEAMS**

**Section I** Rules for competition: IHSA rules will apply with the following exceptions or variations.

1. 6<sup>th</sup> grade - 5 minute quarters  
7<sup>th</sup> grade - 5 minute quarters  
8<sup>th</sup> grade - 6 minute quarters
2. Overtime periods will consist of 3 minute periods.
3. All team players in good standing MUST play in each league game.
4. No student/athlete may participate in more than 4 quarters at a given level in one day except during an overtime period or periods which is considered an extension of the 4<sup>th</sup> quarter.
5. A game will be ruled a forfeit if the delayed team fails to inform its opponents within 15 minutes of game time.
6. Home team shall provide the following:
  - a. Leather game ball.
  - b. Enough practice balls for each team.
  - c. Clock with an official timer – 8<sup>th</sup> grade or older.
  - d. Official scorebook with a competent scorekeeper – 8<sup>th</sup> grade or older.
  - e. Sufficient adult help for crowd control.
7. Home team is responsible for recording all scores to the league Commissioner/Secretary.
8. 3 point rule will apply.
9. 6<sup>th</sup> grade - full court press 4th quarter only.
10. No one is allowed on the court except team players. No shooting before games - halftime - or in between quarters.
11. Game times will be set at 50 minutes. Warm-up time on the clock for the next game is 5 minutes. Halftime shall not exceed 5 minutes.
12. Teams must be at the game ½ hour before a game - No earlier.
13. Time-outs - 3/1 minute and 2/30 second time-out per game. Overtime, teams get an additional one time-out per overtime
14. No press after fifteen point differential.
15. Rosters must be sent to the League Secretary one (1) week prior to the 1<sup>st</sup> schedule league game.

**Section II** Member schools agree to adhere to the highest standard of coaching ethics and agree to refute the “win at all cost” philosophy in order to keep the interscholastic program educationally and morally sound.

**Section III** The Suburban Parochial League shall adhere to the athletic guidelines set up by the Joliet Diocese.

**Section IV** Conference games will take priority over all other athletic schedules.

## GIRLS & BOYS BASKETBALL - 6<sup>th</sup>/7<sup>th</sup>/8<sup>th</sup> GRADE RULES - B TEAMS

**Section I** Rules for competition: ISHA rules will apply with the following exceptions or variations.

1. 6<sup>th</sup> grade - 5 minute quarters  
7<sup>th</sup> grade - 5 minute quarters  
8<sup>th</sup> grade - 5 minute quarters
2. Overtime periods will consist of 2-minute periods.
3. All team players in good standing MUST play in each league game.
4. No student/athlete may participate in more than 4 quarters at a given level in one day except during an overtime period or periods which is considered an extension of the 4<sup>th</sup> quarter.
5. A game will be ruled a forfeit if the delayed team fails to inform its opponents within 15 minutes of game time.
6. Home team shall provide the following:
  - a. Leather game ball.
  - b. Enough practice balls for each team.
  - c. Clock with an official timer – 8<sup>th</sup> grade or older.
  - d. Official scorebook with a competent scorekeeper – 8<sup>th</sup> grade or older.
  - e. Sufficient adult help for crowd control.
7. Home team is responsible for calling in all scores.
8. 3 point rule will apply.
9. No full court press until the last 2 minutes of 4th quarter.
10. No one is allowed on the court except team players. No shooting before games - halftime - or in between quarters.
11. Game times will be set at 50 minutes. Warm-up time on the clock for the next game is 5 minutes. Halftime shall not exceed 5 minutes.
12. Teams must be at the game ½ hour before a game.
13. Time outs -1/1 minute and 1/30 second per half. Overtime, teams get an additional one time-out per overtime.
14. Rosters shall be sent to the League Secretary one (1) week prior to the 1<sup>st</sup> scheduled league game.

**Section II** Member schools agree to adhere to the highest standard of coaching ethics and agree to refute “the win at all cost” philosophy in order to keep the interscholastic programs educationally and morally sound.

**Section III** The Suburban Parochial League will adhere to the athletic guidelines set up by the Joliet Diocese.

**Section IV** Conference games will take priority over all other athletic schedules.

# **GIRLS BASKETBALL - 5<sup>th</sup> GRADE RULES**

**Section I** Rules for competition: IHSA rules will apply with the following exceptions or variations.

1. Playing time - 4/5 minute quarters
2. All players must play 1 full quarter before any substitutions can be made. Substitutions can be made before this if:
  - a. Player has 3 fouls.
  - b. In case of an injury.
2. Overtime period will be 2 minutes. If after the 1<sup>st</sup> overtime the score is still tied - sudden death will occur. First team that scores - wins.
3. The girl shooting a free throw must start behind the free throw line and may follow thru over the line after her release.
4. No full court press until the last minute of the 4<sup>th</sup> quarter.
5. No defense until the girl first penetrates the top of the 3-point line extended across the court. Once penetrated, normal play will occur. The offense has 5 seconds to cross over the line, otherwise a turnover will occur.
6. Ball is not alive in the lane. After a defense rebound - offense must set up.
7. Time outs – One full and One 30-second per half.
8. No 3-point shot.
9. 5 seconds in the lane.
10. Teams must play a zone defense. Teams may not play a man-to-man defense.
11. Home team shall provide the following:
  - a. Leather game ball.
  - b. Enough practice balls for each team.
  - c. Clock with an official timer – 8<sup>th</sup> grade or older.
  - d. Official score book with a competent scorekeeper – 8<sup>th</sup> grade or older.
  - e. Sufficient adult help for crowd control.
12. A game will be ruled a forfeit if the delayed team fails to inform its opponents within 15 minutes of game time.
13. No one is allowed on the court except team players. No shooting before games - halftime - or in between quarters.
14. Rosters shall be sent to the League Secretary one (1) week prior to the 1<sup>st</sup> scheduled league game.

**Section II** Member schools agree to adhere to the highest standard of coaching ethics and agree to refute "the win at all cost" philosophy in order to keep the interscholastic programs educationally and morally sound.

**Section III** The Suburban Parochial League will adhere to the athletic guidelines set up by the Joliet Diocese.

**Section IV** Conference games will take priority over all other athletic schedules.