

COMMUNITY HIGH SCHOOL
ATHLETIC CODE AND TRAINING POLICIES

Participation in athletics is a privilege and not a right. Students who decide to participate shall be expected to exemplify the highest standards of sportsmanship, behavior and fair play. Students who are unable to abide by the expectations established by Grant Community High School will be subject to disciplinary action. These expectations will be enforced year round from the time the student enrolls until the time they graduate.

Athletes and parents have the right to appeal a disciplinary action to the Athletic Council. The Council is comprised of the Athletic Director, Superintendent or his designee, the head coach(s) and a Board of Education member.

ATHLETIC CODE AND TRAINING RULES

Eligibility

- ❑ An athlete must pass four (4) semester subjects the previous semester and must be passing four (4) subjects in the current semester in order to be scholastically eligible for athletic competition.
- ❑ A student shall be eligible through age nineteen (19) unless the student shall become twenty (20) during a sport season, in which eligibility shall terminate on the first day of the sport season.

Athletic Code of Conduct

- ❑ Fair, hard play at all times, showing respect for opponents, officials and spectators.
- ❑ Conduct with the highest degree of character on and off the field.
- ❑ Faithful completion of schoolwork as practical evidence of commitment to school and team.
- ❑ Complete observance of all training rules and athletic policies.
- ❑ Treat all visiting teams and officials as guests.
- ❑ Give opponents the credit for their ability and the respect you would hope to receive in return.
- ❑ Be modest and considerate in victory; be gracious in defeat.
- ❑ Realize it is an honor and a privilege to represent Grant Community High School.
- ❑ Realize that team success comes before individual recognition.
- ❑ Sportsmanship and competition are the primary reasons for high school athletics.

Training Policies

RULE 1 – ATTENDANCE AT PRACTICE OR GAMES

- Athletes leaving school because of illness during the day will not be eligible to participate in sports that day.
- Athletes who are ill and arriving late to school, before half of the school day is over, will have their eligibility decided by the Athletic Director who will keep in mind the welfare of the athlete.
- Athletes, who are absent from school for reasons other than illness, will have their eligibility left to the discretion of the administration. Practice is mandatory unless personally excused by the coach.

RULE 2 – CONDUCT UNBECOMING AN ATHLETE

- Athletes will not display behavior on or off the playing field, which, in the opinion of the coaching staff, is considered insubordinate or inappropriate to standards of conduct, attitude or sportsmanship.

Sanctions

1st Offense: The athlete will be suspended from competition for 20% of the games scheduled that season, from the date the offense is reported to the Athletic Director. (Athletes are expected to practice during the suspension.) In the event 20% of the season does not remain in that sport season, the balance of this suspension will carry over to the athlete's next sport season. (20% will be rounded to the nearest whole number.)

Probation: If in the course of one calendar year, a second offense occurs, the athlete will immediately be moved to the next disciplinary sanction.

2nd Offense: Suspension for the remainder of the season. In the event a student-athlete recognizes he/she has a behavior problem, they may appeal for special consideration in athletic eligibility. If allowed, that consideration will include the following stipulations:

- Successfully completing a certified counseling program addressing their problem, at the family's expense.
- Forfeiture of 40% of contests during the season. In the event 40% of the contests do not remain in that sport season, then the forfeiture for the balance of contests will carry over to the athlete's next sport season.
- The understanding that any future Training Rule or Athletic Code violations will result in the loss of Athletic eligibility for one calendar year while being placed on probation for any future violations.

Probation: Same as above.

3rd Offense: Suspension from sports for the remainder of the school year and placement on probation for the following year. Probation places the athlete at a level 2 offense for one calendar year. If no infractions occur during that period, the athlete shall have a "clean" athletic record and will be returned to the starting level for disciplinary action.

RULE 3 – TOBACCO IN ANY FORM**

- Athletes will refrain from the use or possession of tobacco.

Sanctions

1st Offense: The athlete will be suspended from competition for 20% of the games scheduled that season, from the date the offense is reported to the Athletic Director. (Athletes are expected to practice during the suspension.) In the event 20% of the season does not remain in that sport season, the balance of this suspension will carry over to the athlete's next sport season. (20% will be rounded to the nearest whole number.)

Probation: Same as above

2nd Offense: Suspension for the remainder of the season. In the event a student-athlete admits to having a tobacco problem, he/she may appeal for special consideration in athletic eligibility. If allowed, that consideration will include the following stipulations:

- Successfully completing a certified counseling program addressing their problem, at the family's expense.
- Submitting to and successfully passing two (2) random lab tests for their problem during the season, at the family's expense.
- Forfeiture of 40% of contests during the season. In the event 40% of the contests do not remain in that sport season, then the forfeiture for the balance of contests will carry over to the athlete's next sport season.
- Submitting to and successfully passing a random test paid for by the family during any ensuing sport season throughout the remainder of the school year.
- The understanding that any future Training Rule or Athletic Code violations will result in the loss of Athletic eligibility for one calendar year while being placed on probation for any future violations.

Probation: Same as above

3rd Offense: Suspension from sports for the remainder of the school year and placement on probation for the following year. Probation places the athlete at a level 2 offense for one calendar year. If no infractions occur during that period, the athlete shall have a "clean" athletic record and will be returned to the starting level for disciplinary action.

RULE 4 – DRUGS IN ANY FORM

- Athletes will refrain from the use or possession of illegal drugs, including alcohol, in any form.
- This includes the illegal use or possession of performance enhancing drugs, such as steroids.

Sanctions

1st Offense: Suspension for the remainder of the season. In the event a student-athlete admits to having a drug problem he/she may ask for a review of their case for special consideration in athletic eligibility. If allowed, that consideration will include the following stipulations:

- Successfully completing a certified counseling program addressing their problem, at the family's expense.
- Submitting to and successfully passing two (2) random lab tests for their problem during the season, at the family's expense.
- Forfeiture of 40% of contests during the season. In the event 40% of the contests do not remain in that sport season, then the forfeiture for the balance of contests will carry over to the athlete's next sport season.
- Submitting to and successfully passing a random test paid for by the family during any ensuing sport season throughout the remainder of the school year.
- The understanding that any future Training Rule or Athletic Code violations will result in the loss of Athletic eligibility for one calendar year while being placed on probation for any future violations.

Probation: If in the course of one calendar year a second offense occurs, the athlete will immediately be moved to the next disciplinary sanction.

2nd Offense: Suspension from sports for the remainder of the school year and placement on probation for the following year. Probation places the athlete at a level 2 offense for one calendar year. If no infractions occur during that period, the athlete shall have a "clean" athletic record and will be returned to the starting level for disciplinary action.

RULE 5 – DRUG SELLING

- Athletes will refrain from the selling of illegal drugs, including alcohol, or drug paraphernalia.

Sanctions

1st Offense: Suspension from sports for the remainder of the school year and placement on probation for the following year. Probation places the athlete at a level 2 offense for one calendar year. If no infractions occur during that period, the athlete shall have a "clean" athletic record and will be returned to the starting level for disciplinary action.

Probation: Same as above

2nd Offense: Suspension from sports for the remainder of their high school career. Once a student has participated in a sport during a given school year, he/she is bound by the Training Rules and Athletic Code for that school year; whether or not he/she continues to participate in any other sports during that time.

THE SANCTIONS LISTED ABOVE ARE THE MINIMUM AN ATHLETE MAY FACE PENDING REVIEW BY THE ATHLETIC COUNCIL.

I have read the attached athletic rules and will abide by the rules therein.

Athlete's Signature

Parent's Signature

Date

Sport

Please have this sheet signed and return it to your coach.