

# 2009 H-F Athletic Summer Camps

## Badminton

Participants: 6<sup>th</sup> – 12<sup>th</sup> grade  
June: 15-18  
Time: 6pm – 8pm  
Location: Fieldhouse  
Cost: \$60  
Coach: Tracy Badger  
Phone: (708) 335-5166

## Boys Basketball

Session A Participants: 4<sup>th</sup> – 8<sup>th</sup> grade  
June: 9-12, 15-19, 22  
Time: 8am – 10am  
Location: South Gym  
Cost: \$100  
Session B Participants: 9<sup>th</sup> – 10<sup>th</sup> grade  
June: 9-12, 15-19, 22  
Time: 10:30am – 12:30pm  
Location: South Gym  
Cost: \$100  
Coach: Andy Gaus  
Phone: (708) 335-5763

## Girls Basketball

Session C Participants: 5<sup>th</sup> – 9<sup>th</sup> grade  
June: 15-19  
Time: 11:30am – 1:30pm  
Location: North Gym  
Cost: \$50  
Session D Participants: 10<sup>th</sup> – 12<sup>th</sup> grade  
June: 15-19  
Time: 1:30pm – 3:30pm  
Location: North Gym  
Cost: \$50  
Coach: Ryan Sheriff  
Phone: (708) 335-5233

## Baseball

Participants: 7<sup>th</sup> – 10<sup>th</sup> grade  
June: 15-18  
Time: 9am – 10:30am  
Location: Varsity Diamond  
Cost: \$80  
Coach: Todd Sippel  
Phone: (708) 335-5234

## Boys/Girls Cross Country Fun Runs

Participants: 9<sup>th</sup> – 12<sup>th</sup> grade  
June: 15, 17, 19, 22, 24, 26, 29  
July: 1, 3, 6, 8, 10, 13, 15, 17, 20, 22, 24  
Time: 8am – 9am  
Location: South Gym Entrance  
Cost: None  
Coach: Betsy McCabe  
Phone: (708) 335-5715

## Field Hockey

Session A Participants: 6<sup>th</sup> – 9<sup>th</sup> grade  
June: 15-19  
Time: 10am – 12pm  
Location: Varsity Field Hockey Field  
Cost: \$50  
Session B Participants: 10<sup>th</sup> – 12<sup>th</sup> grade  
June: 15-19  
Time: 1pm – 3pm  
Location: Varsity Field Hockey Field  
Cost: \$50  
Session C Participants: 10<sup>th</sup> – 12<sup>th</sup> grade  
July: 13-17  
Time: 10am – 12pm  
Location: Varsity Field Hockey Field  
Cost: \$50  
\*Note: \$80 if you attend both Sessions B & C  
Coach: Ronnie Falkner  
Phone: (708) 774-9344

## Football

Session A Participants: 9<sup>th</sup> grade  
June: 15-18, 22-25, 29-30  
July: 1-2, 6-10  
Time: 1:30pm – 4:30pm  
Location: Stadium  
Cost: \$200  
Coach: Brian McLaughlin  
Phone: (708) 335-5308

Session B Participants: 10<sup>th</sup> grade  
June: 9-11, 15-18, 22-25  
July: 6-9, 13-16, 20-23  
Time: 6am – 7:30am  
\*\*Time subject to change due to enrollment  
Location: Stadium/South Weight Room  
Cost: \$200  
Coach: Kenneth Smith  
Phone: (708) 335-5527

Session C Participants: 11<sup>th</sup> – 12<sup>th</sup> grade  
June: 9-11, 15, 16, 18, 22, 23, 25, 29, 30  
July: 2, 6-8, 21-23, 27-30  
Time: 1:30pm – 5pm  
Location: Stadium/South Weight Room  
Cost: \$200  
Coach: Kenneth Smith  
Phone: (708) 335-5527

## Boys Gymnastics

Session A Participants: 9<sup>th</sup> – 12<sup>th</sup> grade  
June: 15, 17, 19, 22, 24, 26  
Time: 3:30pm – 5:30pm  
Location: North Gymnastics Room  
Cost: \$50  
Session B Participants: 9<sup>th</sup> – 12<sup>th</sup> grade  
June: 29 July: 1, 3, 6, 8, 10  
Time: 3:30pm – 5:30pm  
Location: North Gymnastics Room  
Cost: \$50  
Coach: Peter Kallend  
Phone: (708) 323-0483

# Registration Forms Available in the Athletic Office or under links for each sport at [www.athletics2000.com/hf/](http://www.athletics2000.com/hf/)

## Boys/Girls Soccer

Session A Participants: 7<sup>th</sup> – 12<sup>th</sup> grade

June: 15-18

Time: 1:30pm – 3:30pm

Location: Flossmoor Rd/Kedzie Field

Cost: \$65

Session B Participants: 7<sup>th</sup> – 12<sup>th</sup> grade

June: 22-25

Time: 1:30pm – 3:30pm

Location: Flossmoor Rd/Kedzie Field

Cost: \$65

Session C Participants: Moms Under Age 55

June: 15-18

Time: 5:30pm – 7:00pm

Location: Flossmoor Rd/Kedzie Field

Cost: \$50

Coach: Todd Elkei

Phone: (708) 335-5296

## Softball

Session A Participants: 6<sup>th</sup> – 9<sup>th</sup> grade

June: 15-19

Time: 9am – 11am

Location: Varsity Diamond

Cost: \$60-\$70

Session B Participants: 3<sup>rd</sup> – 5<sup>th</sup> grade

June: 22-26

Time: 9am – 11am

Location: Varsity Diamond

Cost: \$60-\$70

Coach: Angie Altman

Phone: (708) 335-5636

## Viking Diving

Participants/Time:

Beginners (limit 10): 5:30pm – 6:30pm

Intermediate (limit 16): 6:30pm – 7:30pm

Advanced/HS (limit 18): 7:30pm – 8:30pm

June: 22-26, 29, 30

July: 1-3

Location: Natatorium

Cost: \$100-\$140

Coach: Rick Carlson

Phone: (708) 798-4143

## Boys/Girls Swimming & Water Polo

Participants: 7<sup>th</sup> – 12<sup>th</sup> grade (District Only)

June: 8-12, 15-19, 22-26, 29, 30

July: 1-3, 6-10, 13-16

Time: 6am – 8am

Location: Natatorium

Cost: \$125

Deliver payment after 5/1/09 to

Ruth Strugala in the North Building

Coach: Tim Caldwell

Phone: (708) 335-5533

## Girls Tennis

Session A Participants: 9<sup>th</sup> – 12<sup>th</sup> grade

July: 20-23

Time: 2pm – 4pm

Location: South Tennis Courts

Cost: \$40 per week

Session B Participants: 9<sup>th</sup> – 12<sup>th</sup> grade

July: 27-30

Time: 10am – 12pm

Location: South Tennis Courts

Cost: \$40 per week

Coach Michael Sacks

Phone: (708) 335-5721

## Boys/Girls Track

Participants: K – 9<sup>th</sup> grade

July: 6-10, 13-17

Time: 9am – 10:50am

Location: Stadium

Cost: \$100

Coach: Rob Assise

Phone: (708) 799-3000 x5861

## Boys/Girls Volleyball

Session A Participants: 5<sup>th</sup> – 8<sup>th</sup> grade

July: 20-24

Time: 11:30am – 1:00pm

Location: South Gym

Cost: \$50

Session B Participants: 9<sup>th</sup> – 12<sup>th</sup> grade

July: 20-24, 27-31

Time: 1:30pm – 4pm

Location: South Gym

Cost: \$100

Coach: Tony Kruse

Phone: (708) 799-3000 x5271

## Wrestling

Participants: 7<sup>th</sup> – 12<sup>th</sup> grade

June: 9-12

Time: 9am – 11am

Location: North Varsity Wrestling Room

Cost: \$50

Coach: Brett Geijer

Phone: (708) 335-5026