

2009 - 2010 H-F Winter Athletic Tryouts

Required Paperwork for Tryouts

Current Physical and Parent Consent Form

Turn both into the Athletic Office to receive a clearance slip

Boys Basketball

Dates/Time/Locations:

November 9, 2009

Freshmen: South Gym

3:15pm – 6pm

Sophomores: North Gym

3:15pm – 6pm

Varsity: South Gym

6am – 7:30am and 6pm – 8pm

November 10, 2009

Freshmen: South Gym

3:15pm – 6pm

Sophomores: North Gym

3:15pm – 6pm

Varsity: South Gym

6am – 7:30am and 6pm – 8pm

November 11, 2009

Freshmen: South Gym

11am – 2pm

Sophomores: South Gym

8:30am – 11am

Varsity: South Gym

6am – 8:30am

Girls Basketball

Dates/Times/Locations:

November 2 – 4, 2009

Freshmen/Sophomores/Varsity:

North Gym 3:30pm – 6pm

Cheerleading (Basketball)

Freshmen/Sophomores:

Dates: October 26 – 29, 2009

Time: 3:15pm – 6:00pm

Location: Fieldhouse/Dance Studio

Girls Gymnastics

Location: North Gym

Dates/Times:

Freshmen/Sophomores:

November 9 – 10, 2009

3:30pm – 5:30pm

Varsity:

November 9 – 10, 2009

3:30pm – 5:30pm

November 11, 2009

9:00am – 11:00am

Boys Swimming & Diving

Location: Natatorium

Dates/Times:

November 23 – 24, 2009

3:15pm – 5:30pm

November 25, 2009

2:00pm – 4:00pm

Boys and Girls Track

Dates: January 19 – 22, 2010

3:15pm – 5:45pm

Location: Fieldhouse

Wrestling

Dates/Times:

November 9 – 10, 2009

Freshmen/Sophomores/Varsity:

3:15pm – 6:00pm

November 11, 2009

Freshmen:

9:00am – 11:00am

Sophomores/Varsity

8:00am – 11:30am

Location:

Freshmen: Activity Room

Sophomores: Varsity Wrestling Room

Varsity: Varsity Wrestling Room