

Homewood Flossmoor High School Sports Medicine

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Athletic Training Aide Policies and Duties

PURPOSE

The purpose of the Athletic Training Aide Program at Homewood-Flossmoor High School is to allow students with an interest in allied health and medical fields to observe and gain hands-on experience under the supervision of Certified and Licensed Athletic Trainers. Athletic Trainers are qualified in athletic injury prevention, evaluation, treatment and rehabilitation. The experience that students can gain in this program will transfer to several aspects of the healthcare field.

PREREQUISITES

Students must be enrolled in or have previously taken the Sports Medicine Class offered at the honors level to upper classmen as an elective in the Health Education Department at Homewood-Flossmoor High School. Underclassmen may be accepted on a probationary condition. Athletic Training Aides are subject to the same rules of eligibility that apply to student athletes. Athletic Training Aides with grades lower than the acceptable level will not be permitted to return to the athletic training room until that person's grades have returned to the acceptable level.

CONDUCT

Athletic Training Aides will conduct themselves as professionals in the athletic training room. The athletic training room is a healthcare facility that must be staffed by people capable of maintaining their composure and showing maturity while assisting in the care of a population of their peers. Horseplay, inappropriate conversation and conduct deemed unacceptable by the certified athletic trainers will not be tolerated. The student may have the opportunity to travel with the football team in the fall which falls under the guidelines of a fieldtrip. Medical confidentiality *must* be maintained at all times. At no time may an athletic training aide discuss the injuries or conditions seen in the athletic training outside of the athletic training room.

DUTIES

Arrival in Athletic Training Room & Practice/Game Preparation

- Clean and fill whirlpools
- Clean and fill coolers
- Pre-make ice bags
- Assist with taping of athletes*
- Application of modalities (heat, cold, ultrasound, electrical stimulation)*
- Assist in the rehabilitation of injured athletes*
- Record treatments in treatment log
- Retrieval of golf carts from stadium garage**

During Practices and Games

- Perform basic first aid for athletes (wound care, ice)*
- Communicate with Certified Athletic Trainers regarding any injuries or tapings*
- Monitor water levels in coolers on both benches or sidelines

During Football Games

- Perform basic first aid for athletes (wound care, ice)*
- Communicate with Certified Athletic Trainers regarding any injuries or tapings*
- Monitor water levels in coolers on both sidelines
- Make water bottles and towels available to players on the sidelines and to players on the field during timeouts and quarter breaks
- Retrieval of emergency response equipment indicated by Certified Athletic Trainer during an on-field injury

After Practice/Games

- Restock supplies used during the day
- Clean surfaces in the athletic training room with disinfectant
- Drain whirlpools
- Sweep up any debris on floor
- Check water level in hydrocollator
- Return golf cart to stadium garage and close door**

*Indicates an item that requires a demonstrated proficiency before the item may be performed on an athlete.

**Operation of the golf cart requires a State of Illinois issued Driver's License and training and explanation of acceptable use by the Certified Athletic Trainers. Inappropriate use will result in immediate disciplinary action.

I, _____, understand and agree to abide by the above stated
(Print Name)
policies and agree to perform the above stated duties. I understand that participation in the Athletic Training Aide Program is voluntary, but agree to put forth my best effort when I make myself available to assist in the Athletic Training Room.

Signature

Date

Parent Signature

Date

Emergency Contact

Relationship

Phone