

Homewood Flossmoor High School Sports Medicine

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Athletic Training Aide Proficiency Check

Athletic Training Aide: _____

<u>Proficiency Item</u>	<u>ATC Signature</u>	<u>Date</u>
Taping		
Finger (Buddy Tape)	_____	_____
Thumb Spica	_____	_____
Wrist (wrist only)	_____	_____
Wrist (wrist and hand)	_____	_____
Wrist (wrist, hand & thumb)	_____	_____
Ankle (prewrap only)	_____	_____
Ankle	_____	_____
Turf Toe	_____	_____
Shin Splints	_____	_____
First Aid		
Use of Protective Gloves	_____	_____
Wound Cleaning and Disinfection	_____	_____
Application of Wound Cover	_____	_____
Disposal of Biohazardous Material	_____	_____
Golf Cart		
General Operation	_____	_____
Practice Usage	_____	_____
Event Usage	_____	_____