

Permission Form

I understand that my child will receive instruction in the basic principles of Badminton and will spend significant time performing various drills and techniques under the supervision of experienced instructors. With this form, I give consent for my child to Participate. I recognize that participation in recreational and instructional activities, even when well supervised and managed, pose a risk of physical injury. I agree to assume such a risk on behalf of my child.

Parent/Guardian Name (Please Print)

Parent/Guardian Name (Please Sign)

Release of Liability

I, the undersigned, hereby agree to indemnify and hold Homewood-Flossmoor High School free from liability for any medical and/or accident expenses which my minor child may incur during involvement in the Badminton Camp held at Homewood-Flossmoor High School. I hereby certify that my child is provided coverage via personal health and accident insurance, which is sufficient to cover any and all of the expenses, noted above, which might occur.

Parent/Guardian Name (Please Print)

Parent/Guardian Name (Please Sign)

CAMP COACHES

The staff is dedicated to providing each camper an educational experience in a focused environment.

Tracy Badger —

H-F Head Varsity Coach (06-09)

H-F Head Sophomore Coach (05)

High School Girls Athletic Coach (00-08)

Steve Evenhouse —

H-F Head Sophomore Coach (06-09)

Mark Gruca —

VJA HS Head Sophomore Coach (78-06)

20 Conference titles, 24 Sectional titles

6 IL State Team Championships, 14 Top 3 finishes

12 Doubles Team Medalists, 14 Singles Medalists

20+ Badminton Clinics and Camps

Kerri Twietmeyer —

HF High School Coach (07-09)

Eden Prairie HS Coach- (00-01)

2001 MN State Team Champions

Minneapolis Park District Clinics (98-00)

Teaching Assistant, Bethel University (97-00)

VJA HS 2 time IL State qualifier (Singles-97 & Doubles-96)

Coach: Tracy Badger

Phone: 708-335-5166

Email: tbadger@hfhighschool.org

HOMWOOD-FLOSSMOOR HIGH SCHOOL

999 KEDZIE AVE.

FLOSSMOOR, IL 60422-2299

HOMWOOD-FLOSSMOOR
HIGH SCHOOL



BADMINTON



Summer 2009

CAMP GOALS

Beginners:

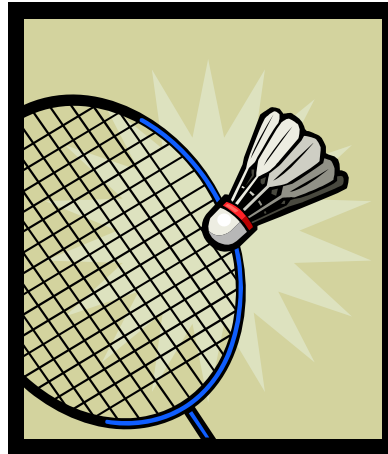
- Introduce new players to the game and rules of badminton
- Introduce basic skills: racket grip and swing, footwork, basic shots (serve, clear, drop, smash, block, and redrop)
- Introduce how to play singles and doubles

Advanced:

- Review basic skills: racket grip and swing, footwork, basic shots (serve, clear, drop, smash, block, and redrop)
- Develop strategy for both doubles and singles play (shot combinations and shot placement)
- Introduce advanced shots (around the head, back hand shots, net smash, offensive clear, etc.)

CAMP DATES

Participants: 6th — 12th grades
 Dates: June 15 – 18
 Time: 6pm — 8pm
 Location: Fieldhouse
 Price: \$60.00



CAMP NECESSITIES

All participants are expected to wear appropriate athletic attire and athletic shoes and bring plenty of water.

Rackets and shuttles will be provided for campers during the camp.

Badminton Registration

Sign up for:	Price
<input type="checkbox"/> Grades 6th — 12th	\$60.00
Total: _____	

Method of Payment

- Cash
 Check Payable to HFHS

Athlete's Name

Address

Home Phone

Cell Phone

Parent's/Guardian's Name

Work Phone

Cell Phone

T-Shirt Size

- | | |
|---------------------------------|------------------------------------|
| <input type="checkbox"/> Small | <input type="checkbox"/> X-Large |
| <input type="checkbox"/> Medium | <input type="checkbox"/> XX-Large |
| <input type="checkbox"/> Large | <input type="checkbox"/> XXX-Large |

After completing both sides, place the registration form and payment in an envelope addressed to Coach Badger and drop it off at the H-F Athletic Office.