

### Permission Form

I understand that my child will receive instruction in the basic principles of Baseball and will spend significant time performing various drills and techniques under the supervision of experienced instructors. With this form, I give consent for my child to Participate. I recognize that participation in recreational and instructional activities, even when well supervised and managed, pose a risk of physical injury. I agree to assume such a risk on behalf of my child.

Parent/Guardian Name (Please Print)

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Parent/Guardian Name (Please Sign)

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### Release of Liability

I, the undersigned, hereby agree to indemnify and hold Homewood-Flossmoor High School free from liability for any medical and/or accident expenses which my minor child may incur during involvement in the Baseball Camp held at Homewood-Flossmoor High School. I hereby certify that my child is provided coverage via personal health and accident insurance, which is sufficient to cover any and all of the expenses, noted above, which might occur.

Parent/Guardian Name (Please Print)

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Parent/Guardian Name (Please Sign)

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## CAMP COACHES

The Homewood-Flossmoor Baseball Camp staff is comprised of the current Viking coaching staff and Varsity athletes. The staff is dedicated to providing each camper an educational experience in a focused baseball environment.

**Todd Sippel, Head Varsity**

**Nick Kapchinski, Assistant Varsity**

This camp stresses the fundamentals that developing baseball players need.

“Focus on the little things and be fundamentally sound.”

*Head Coach*

*Todd Sippel*

Coach: Todd Sippel

Phone: 708-335-5234

Email: [tsippel@hfhighschool.org](mailto:tsippel@hfhighschool.org)

HOMWOOD-FLOSSMOOR HIGH SCHOOL  
999 KEDZIE AVE.  
FLOSSMOOR, IL 60422-2299

HOMWOOD-FLOSSMOOR  
HIGH SCHOOL

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**BASEBALL**



**Summer 2009**

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## CAMP GOALS

The Homewood-Flossmoor Baseball Camp offers overall knowledge of the game, instruction on the development of basic skills, tactical awareness, and other needs of the growing baseball player, such as Fielding, Hitting, and Pitching and Catching Mechanics.

The camp will also include numerous drills and skill competitions as well as inter-squad scrimmaging.

All campers will receive expert instruction, opportunities to refine fundamental skills, and a camp T-SHIRT.

**Registration is recommended for in-coming freshmen wishing to tryout for the Freshmen Baseball Team in the spring of 2010.**

### IT'S ABOUT ....



**Fundamentals,  
Commitment, &  
Details**

## CAMP DATES

Participants: 7th — 10th grades

Dates: June 15, 16, 17, 18

Time: 9:00am — 10:30am

Location: Varsity Baseball Diamond

Price: \$80.00

### Overall Varsity Record

728-463-7



### Viking Baseball

**Pride**

**&**

**Tradition**

**Continues with you**

## Baseball Registration

Sign up for: Price  
 Grades 7th — 10th \$80.00

Total: \_\_\_\_\_

**CAMPERS CAN REGISTER UP UNTIL 1<sup>ST</sup> DAY OF THE CAMP**

Method of Payment

- Cash  
 Check Payable to HFHS



\_\_\_\_\_  
Athlete's Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Home Phone

\_\_\_\_\_  
Cell Phone

\_\_\_\_\_  
Parent's/Guardian's Name

\_\_\_\_\_  
Work Phone

\_\_\_\_\_  
Cell Phone

T-Shirt Size

- |                                 |                                    |
|---------------------------------|------------------------------------|
| <input type="checkbox"/> Small  | <input type="checkbox"/> X-Large   |
| <input type="checkbox"/> Medium | <input type="checkbox"/> XX-Large  |
| <input type="checkbox"/> Large  | <input type="checkbox"/> XXX-Large |

After completing both sides, place the registration form and payment in an envelope addressed to Coach Sippel and drop it off at the H-F Athletic Office.