

### Permission Form

I understand that my child will receive instruction in the basic principles of Field Hockey and will spend significant time performing various drills and techniques under the supervision of experienced instructors. With this form, I give consent for my child to Participate. I recognize that participation in recreational and instructional activities, even when well supervised and managed, pose a risk of physical injury. I agree to assume such a risk on behalf of my child.

Parent/Guardian Name (Please Print)

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Parent/Guardian Name (Please Sign)

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### Release of Liability

I, the undersigned, hereby agree to indemnify and hold Homewood-Flossmoor High School free from liability for any medical and/or accident expenses which my minor child may incur during involvement in the Field Hockey Camp held at Homewood-Flossmoor High School. I hereby certify that my child is provided coverage via personal health and accident insurance, which is sufficient to cover any and all of the expenses, noted above, which might occur.

Parent/Guardian Name (Please Print)

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Parent/Guardian Name (Please Sign)

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## CAMP COACHES

The Homewood-Flossmoor Field Hockey Camp staff is comprised of the current Viking coaching staff. The staff is dedicated to providing each camper an educational experience in a focused field hockey environment.

**Everlyn Falkner, Head Varsity**

**Jackie Lancaster, Head Junior Varsity**

Coach: Everlyn Falkner  
Phone: 708-774-9344  
Email: ronski22@hotmail.com

Coach: Jackie Lancaster  
Phone: 708-646-3012  
Email: jaxy1185@aol.com

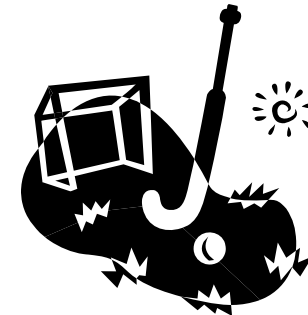
HOMWOOD-FLOSSMOOR HIGH SCHOOL  
999 KEDZIE AVE.  
FLOSSMOOR, IL 60422-2299

HOMWOOD-FLOSSMOOR  
HIGH SCHOOL

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**FIELD HOCKEY**



**Summer 2009**

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# FIELD HOCKEY

## What is Field Hockey?

One of the world's most popular games, field hockey is also one of the world's oldest competitive team sports. Evidence of games played with a ball and stick date back over 4,000 years to the Nile Valley Egypt, and similar games were played by civilizations ranging from the Greeks and Romans to the Ethiopians and Aztecs. The modern game of field hockey evolved in England during the 19th century. It's very much a combination of soccer, basketball, and hockey

## But - hey, I don't know anything about this stuff!

**DON'T WORRY!** - NO ONE has any experience with this sport! It doesn't matter if you don't even know which side of the stick to use - we will teach you everything you need to know! The coaches and high school players are there to help because we don't expect you to know what you are doing yet.

That's the best part - you all get to learn together!! :)

**So come on out and learn about this exciting new opportunity !**

## CAMP DATES

### Session A

Participants: 6th — 9th grades  
 Dates: June 15, 16, 17, 18, 19  
 Time: 10am — 12pm  
 Location: Varsity Field Hockey Field  
 Price: \$50.00

### Session B

Participants: 10th — 12th grades  
 Dates: June 15, 16, 17, 18, 19  
 Time: 1pm — 3pm  
 Location: Varsity Field Hockey Field  
 Price: \$50.00

### Session C

Participants: 10th — 12th grades  
 Dates: July 13, 14, 15, 16, 17  
 Time: 10am — 12pm  
 Location: Varsity Field Hockey Field  
 Price: \$50.00



## Field Hockey Registration

Sign up for:	Session	Price
<input type="checkbox"/> Grades 6th — 8th	A	\$50.00
<input type="checkbox"/> Grades 9th — 12th	B	\$50.00
<input type="checkbox"/> Grades 9th — 12th	C	\$50.00
<input type="checkbox"/> Grades 9th — 12th	B & C	\$80.00
	Total:	_____

Registration forms need to be returned by May 29th, 2009.

### Method of Payment

- Cash  
 Check Payable to HFHS

\_\_\_\_\_  
 Athlete's Name

\_\_\_\_\_  
 Address

\_\_\_\_\_  
 Home Phone

\_\_\_\_\_  
 Cell Phone

\_\_\_\_\_  
 Parent's/Guardian's Name

\_\_\_\_\_  
 Work Phone

\_\_\_\_\_  
 Cell Phone

### T-Shirt Size

- X-Small                       Large  
 Small                             X-Large  
 Medium

After completing both sides, place the registration form and payment in an envelope addressed to Coach Falkner and drop it off at the H-F Athletic Office.