

## **ATHLETIC GUIDELINES AND INFORMATION:**

### **Athletic Code- Statement of Philosophy**

1. A code is a system of guiding principles and rules that communicates norms and values and helps individuals distinguish between what is right and what is wrong. This code outlines Hinsdale High School District 86 and Hinsdale Central's expectations for students who choose to be involved in our extracurricular program.
2. Hinsdale Central High School offers an extensive and diverse athletic program to provide additional learning opportunities to students who wish to develop special interests, skills, and talents to a higher level. Involvement in these activities is voluntary and a privilege; students choosing to participate take on extended responsibilities as representatives of their school and community. These extended responsibilities justify holding students who choose to participate in the athletic program to a higher standard of conduct as a condition of participation.
3. Students who choose to participate in the athletic program are responsible for behaving in accordance with this code.

### **EXPECTATIONS**

Students may be suspended from participation in athletic activities for misconduct including but not limited to the following. All participants MUST:

1. Realize the importance of academic excellence. (IHSA, Hinsdale High School District 86, and Hinsdale Central require the participant to receive passing grades in at least four [4] classes.)
2. Not use or possess tobacco, alcohol, or illegal drugs. ("Possession" as used in this code shall mean having any knowledge of, and any control over, an item.)
3. Practice good citizenship in all environments by respecting the property and rights of others. (Poor citizenship includes actions such as stealing, vandalism, and other illegal acts.)
4. Realize the existence of and be held accountable for the individual rules as outlined by the coach or sponsor, other than those outlined in the athletic code.

### **ATHLETIC CODE-PARENTAL PERMISSION FORM**

The Athletic Code applies to all students who choose to participate in athletic activities. Students are encouraged to discuss any questions regarding the code with their coaches or sponsors.

The Athletic Code-Parental Permission Form is to be signed by a parent (guardian) and participant prior to his/her participation. The commitment that those signatures represent will remain in effect for ONE CALENDAR YEAR from the date of last participation by the student. In order for the student to participate after that date, the participant and parent must once again sign said form, which in turn will commit the participant just as stated above. Code violations do, however, carry over from one year to the next.

### **ATHLETIC CODE SUBSTANCE VIOLATIONS**

A participant who uses or possesses tobacco, alcohol, or illegal drugs is in violation of the Athletic Code. A verifiable Code violation is deemed to have occurred when:

- A) A District 86 employee or law enforcement agency, or representative thereof, personally confirms the participant's possession or consumption of tobacco, alcohol, or illegal drugs;  
OR

- B) A participant admits to the Athletic Director that he/she has consumed or possessed any above said substance in violation of this Code;  
OR
- C) Verification by parent/guardian or District 86 employee or law enforcement agency, or representative thereof, confirming consumption of tobacco, alcohol or illegal drugs at any gathering hosted on private property by the parent(s) (guardian) or family of participant(s) who are subject to the Hinsdale High School District 86 and Hinsdale Central Athletic Code Commitment.

**ATHLETIC CODE VIOLATION PENALTIES**

NOTE: Participants are subject to disciplinary action for behavior not described in the substance abuse violation section of the Athletic Code. Disciplinary action for behavior in violation of school rules as described in the Hinsdale Central Handbook may also subject participants to disciplinary action under the Athletic Code. Additionally, conduct resulting in the participant's arrest or conviction of an ordinance violation or crime may result in disciplinary action under the Athletic Code.

**1st Offense**

- A) A meeting including the participant, parents (guardian), Athletic Director and/or coach and/or sponsor will be conducted to discuss the infraction and an intervention meeting may be recommended.

Following that:

- B) The participant must accept suspension from participating contests totaling 25% of those contracted for the season or 30 days of activity participation. A prescribed amount of community service hours may also be assigned.

If the above suspension is not completed by the season/year's end, the suspension is continued to completion during the next season/year in which the student participates.

The student may continue to practice or attend meetings during his/her suspension.

**2nd Offense**

- A) A meeting as described above must be conducted.

Following that:

- B) The participant must satisfactorily complete the appropriate school recognized intervention program before resumption of eligibility is considered.

AND,

- C) The student is suspended from participation for a period of one calendar year from the date that the above joint meeting was held. The participant may not practice or attend meetings while serving his/her suspension.

Following that:

- D) The student must submit a formal written request for participation reinstatement to the Principal, the Athletic Director, and the Head Coach/Sponsor. Upon receipt of such request, a favorable consensus may be rendered, therefore reinstating eligibility.

### **3rd Offense**

Eligibility is terminated immediately for the remainder of the student's high school career.

### **NOTIFICATION OF SUSPECTED ATHLETIC CODE VIOLATIONS**

Prior to imposing a penalty under this Athletic Code, the student and his/her parent/guardian will be notified of the suspected violation and will be given an opportunity to respond to the Athletic Director within 48 hours from the time the notice is given. The Athletic Director will give notice by attempting to contact the parent/guardian in writing and/or by telephone. The parent/guardian's response to the suspected Code violation must be made to the Athletic Director within 48 hours of when they first receive notice, whether by the way of telephone or in writing. The Athletic Director and coach/sponsor will consider the response of the parent/guardian before reaching a final decision. The decision of the Athletic Director and coach/sponsor will be final and binding upon the participant. A follow-up letter outlining the final decision of the meeting will be sent to the parents/guardians.

### **VOLUNTARY ADMISSION**

A participant may voluntarily admit a substance abuse problem prior to a verifiable offense to the Athletic Director. After admission of a substance abuse problem, the participant may, under some circumstances, be allowed to continue uninterrupted eligibility. However, continued eligibility will only be available to participants who have not previously been disciplined by substance abuse violations. The Athletic Director on a case-by-case basis will determine whether or not a participant who voluntarily admits a substance abuse problem will be allowed to continue uninterrupted eligibility.

### **APPEALS PROCESS**

If an appeal is requested, the Principal or his designee will review the decision of the Athletic Director. During the appeal process, the decision of the Athletic Director shall be enforced.

### **TRAINING ROOM**

Our training room provides us with equipment and the facilities to prevent injuries or provide first aid treatment for them. Please do not consider it a lounge or meeting place. Go there only when necessary. Training supplies are expensive and very necessary. We, therefore, must ask you not to carry them out of the room, and please do not use them to repair equipment or hold up socks. We need your cooperation to keep the appearance of the training room neat and orderly.

### **INSURANCE**

The School District does NOT carry a policy insuring students against accidents and injuries while participating in any student athletics. However, an ACCIDENT INSURANCE PLAN is available to all students. The information and request form are included with the BOOK LIST mailed to every student registered at Central. Information concerning supplemental insurance coverage is available at Hinsdale Central Bookstore.