



IHSA STEROID TESTING POLICY

Consent to Random Testing

Parents,

Here is an explanation of the new IHSA steroid testing policy that will be implemented this year. You do not need to sign this form as the **permission will be attached to the regular parent permission form you sign every year.**

In January 2008, the IHSA Board of Directors approved a plan developed by the IHSA's Sports Medicine Advisory Committee to implement random testing for steroids and performance-enhancing dietary supplements of teams and individuals qualifying for state finals competition.

Beginning with the 2008-2009 school term, any student-athlete who ingests or otherwise uses substances from the association's banned drug classes, without written permission, by a licensed physician, to treat a medical condition, violates IHSA By-law 2.170 and its subsections, and is subject to IHSA penalties, including ineligibility from competition. The IHSA will test certain randomly selected individuals and teams that participate in state series competitions for banned substances. The results of all tests shall be considered confidential and shall be disclosed to the student, his or her parents, and his or her school.

No student-athlete may participate in the IHSA state series competition unless the student and the student's parent/guardian consent to random testing.

REMINDER: **Steroid testing permission will be attached to the regular parent permission form you sign every year.**

A complete list of the current IHSA Banned Drug Classes can be accessed at

http://www.ihsa.org/initiative/sportsmedicine/files_banned_list-2007-2008.pdf.

Doug Smith, Athletic Director

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